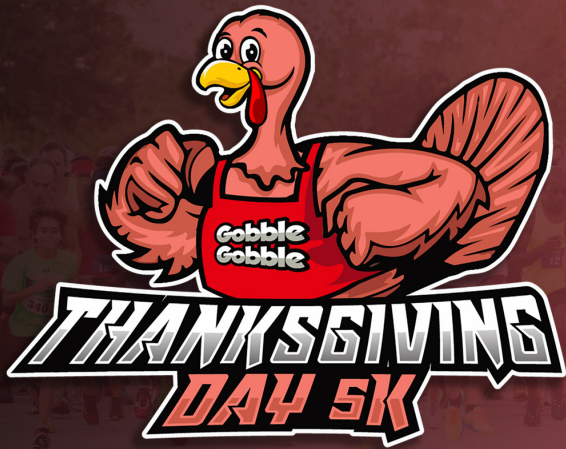


7:30AM

NOVEMBER 23, 2023

ATHLETE GUIDE



ADDRESS OF EVENT
THE VILLAGE SHOPS ON
VENETIAN BAY
4200 Gulf Shore Blvd N
Naples, FL 34103

PACKET PICK UP

Early Packet Pick Up

Tuesday 11/21

Poke Fusion Fort Myers

4:00-6:00PM ([Directions](#))

Wednesday 11/22

Restore Hyper Wellness Naples

4:00-6:00PM ([Directions](#))

Emergency Race Day Packet

Pick Up at event from 6:15-7:10AM

**Shirt sizes and styles are first come, first served.*

RACE DAY

Pre-Race Instructions: 7:20AM

National Anthem: 7:25AM

Race Start: 7:30AM

Awards: First 100 finishers.

ELITE EVENTS TRACKER



FREE IN THE
APP STORE

INFO | MAPS | TRACKING | RESULTS

**Don't forget to take lots of photos and screenshot your results for social media! Be sure to hashtag #runeliteevents & follow us @runeliteevents on Instagram and Facebook.*

WHAT TO EXPECT

A professionally produced, high quality athletic event... from start to finish!

When you arrive at packet pick up, you'll feel the energy and excitement as you check in and are assigned your very own bib number. But this isn't just any ordinary bib number, it's equipped with a timing chip that will automatically keep track of your epic race journey and allow your friends and family to follow your every move on the free, easy-to-use Elite Events Tracker App. No need to carry a phone, just pin on your bib and let the chip do the work!

But before you hit the starting line, head over to the t-shirt table where you'll get to choose between a high-quality, colorful and gender-specific tech t-shirt or a soft and comfortable cotton tank top. As you prepare for the race, the lively music will get your heart pumping and your feet ready to fly.

When the gun goes off, you'll be running over timing mats that will keep track of your time for each segment of the course. And don't worry about hydration, there will be water stops along the way to keep you going strong.

As you make your way down the home stretch, don't forget to smile because our official race photographers and videographers will be waiting to capture your victorious moment. You'll be wearing your huge finisher medal with pride and taking a picture in front of the Elite Events backdrop. Your free race photos and videos will be online in just a few days, so don't forget to share them with your friends and family!

After crossing the finish line, you'll enjoy a variety of delicious snacks and instantly view your results and split times via the free Elite Events Tracker App. And if you added your friends before the race, you can follow their progress too! Get notifications sent straight to your smartwatch or cell phone as you run. It's going to be an unforgettable experience!

PARKING

Parking is at The Village Shops on Venetian Bay where the race starts and finishes. **LOTS WILL BE FULL BY 6:45AM. PLEASE CARPOOL AND ARRIVE EARLY!**

RESTROOMS

We highly encourage you to use the restroom before you arrive as this will help greatly reduce lines. Indoor restrooms are located in the south and north ends of the Village Shops. Portable restrooms are on both sides of the bridge.

AWARDS

The first 100 finishers will receive a mug award and a unique top finisher medal right as they cross the line.

POST RACE SNACKS & REFRESHMENTS

Post race snacks will be prepackaged items. Bananas and fruit are subject to local grocery store availability. Please supplement your post race snacks as necessary.

PARTICIPANT TRACKING

The most user friendly participant tracking app in the running industry is included free.

Step 1: Download the Elite Events Tracker App

Step 2: Click on the Event (Gobble Gobble)

Step 3: Search the name or bib of the participant/s

Step 4: Claim yourself and add other runners to track. That's it! It's super simple.

Optional Steps...

Step 5: Runners can upload a photo that will be displayed in the results.

Step 6: Share your profile so your friends and family can follow along race day.

Step 7: Make sure "Push Notifications" are turned on so you receive messages when your tracked participants pass timing points.

SHIRTS



AWARDS



FINISHER MEDALS



OR CHOOSE A BAG!

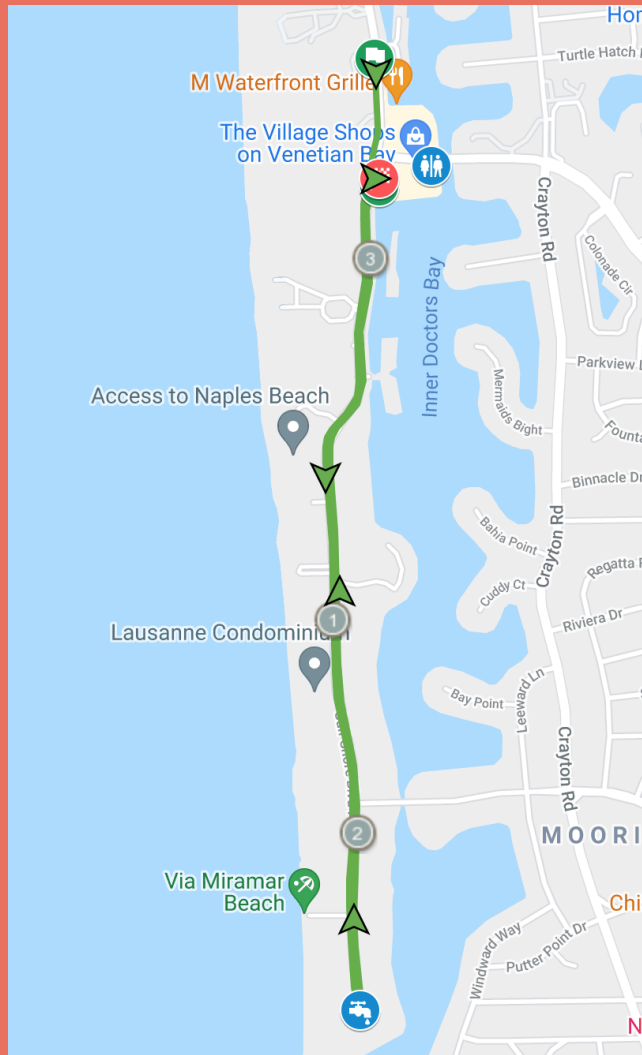
TRACKING APP



Download the Elite Events Tracker Mobile App at <https://itunes.apple.com/us/app/2846> and select the 2023 Gobble Gobble 5k event.

android iPhone

COURSE MAP



COURSE MAP FLYOVER

A turn by turn flyover is available on our Elite Events Youtube Channel.



Elite Events
runners receive a
FREE Cryotherapy



restore
HYPER WELLNESS + CRYOTHERAPY
restore. run more.

**FREE
CRYOTHERAPY
SESSION**

\$50 VALUE!



Don't forget to redeem your
Free Cryotherapy session from
Restore Hyper Wellness in Naples.

Simply show the staff your race bib at
Early Packet Pick Up or after the race
to redeem. It's that simple!

THINGS TO DO IN NAPLES

1. Visit the Naples Pier: Take a walk on the historic pier and enjoy the views of the Gulf of Mexico and local wildlife.
2. Explore the Naples Zoo: This zoo offers a unique experience for visitors to see animals up close in a tropical setting.
3. Visit the Naples Botanical Garden: Immerse yourself in the beauty of 170 acres of gardens featuring exotic plants from around the world.
4. Tour the Naples Historic District: Explore the city's historic homes and landmarks on a walking tour of the charming Old Naples neighborhood.
5. Take a Boat Tour: Experience the local waterways on a boat tour to see dolphins, manatees, and other wildlife in their natural habitats.
6. Visit the Naples Museum of Art: See a variety of contemporary art exhibitions, including works by local artists, at this museum in the heart of downtown Naples.
7. Go Shopping at the Fifth Avenue South: Browse the unique boutiques and specialty shops along the popular Fifth Avenue South shopping district.
8. Visit the Corkscrew Swamp Sanctuary: Explore the natural beauty of the Everglades on a guided tour of this protected wildlife refuge.
9. Experience the Nightlife: Check out the local bars and nightclubs for a lively night out in Naples.
10. Try the Local Cuisine: Indulge in the area's famous seafood and Italian-American cuisine at one of the many local restaurants.